

## PARADISE FOOD - PRODUCT NUTRITIONALS

Last updated 18.03.10. Please refer to packs for most up-to-date nutritional and ingredient information.

	Weight		Energy		Protein		Fat -Total		Fat -Saturated		Fat -Trans		Carbohydrate -Total		Carbohydrate -Sugars		Dietary Fibre		Sodium	
	Per serve (g)	No biscuits	kJ per serve	kJ per 100g	g per serve	g per 100g	g per serve	g per 100g	g per serve	g per 100g	g per serve	g per 100g	g per serve	g per 100g	g per serve	g per 100g	g per serve	g per 100g	mg per serve	mg per 100g
<b>Cottage Cookies: Servings Per Pack - 10.5</b>																				
Chocolate Chip Indulgence	21	2	426	2030	1.2	5.9	4.4	21.0	2.5	12.1			14.0	66.7	5.2	24.8	0.5	2.2	69	327
Heavenly Chocolate Hazelnut	21	2	418	1990	1.6	7.8	4.6	21.9	2.3	10.8			13.0	61.7	4.6	22.0	0.5	2.5	66	315
More-ish Macadamia	21	2	456	2170	1.1	5.2	6.0	28.6	3.7	17.6			12.6	60.0	3.6	17.0	0.4	1.9	74	350
Triple Choc Temptation	21	2	430	2050	1.5	7.0	4.4	20.8	2.3	10.8			14.1	67.3	6.5	31.0			70	331
White Choc & Macadamia	21	2	439	2090	1.2	5.9	5.0	23.9	2.7	12.8	less than 0.1	0.4	13.4	64.0	5.9	28.0	0.4	1.8	46	220
<b>Cottage Cookie Minis: Servings Per Pack - 8</b>																				
Choc Chip Indulgence	30	10	612	2040	2.3	7.6	6.3	20.9	3.6	12.0			19.8	66.0	10.5	35.0	less than 0.1	2.5	78	260
Triple Choc Temptation	30	10	603	2010	2.2	7.2	5.9	19.6	3.6	12.0			20.1	67.0	12.0	40.0	less than 0.1	2.4	100	330